



FEBRUARY 2022

The Military Order of the World Wars ~ Phoenix Pacesetter Chapter

WHAT'S NEW: Commander's Time



Greetings Companions, Families, and Friends of the Order:

The first month of 2022 finished in grand fashion with the Region XIII Mid Year Conference being conducted on 21 and 22 JAN, in conjunction with the traditional visit of the current Commander in Chief and MOWW Inc CEO, Michael A Okin, MD, LTC, USA (Ret). The Conference began on Friday evening with a social gathering held in Chandler, at which most of the Region XIII Chapters were represented. The official business began on Saturday with a Hybrid Conference hosted by the Region XIII Commander, LTC Pat Stolze, with all of us Commanders presenting our status based on the Mid Year (1 JUL through 1 DEC 2021) Chapter Action Report. Our Jr Vice CDR, Capt Mike Halpin USMC, and I attended the business meeting in person, and Sr Vice CDR, COL (R)/Dr Jeanne Blaes USA, participated on ZOOM. As a Chapter, we performed well on all of our metrics, with the exception of Recruiting!!!

During the Commander's updates, COL (R) Stephen Shambach briefed that the Rocky Mountain Youth Leadership Conference (RMYLC) was projecting that they would be conducting their conference with around 100 students at a per-delegate-cost of \$600 plus. I briefed that we were still in the planning stages for our 2022 AZ Youth Leadership Conference, and working with ASU West to lock in the dates of 5-9 JUL 2022 for its conduct. Director Jeff Schrade will be taking action to set up a contract with ASU and establish a timeline so our AZ Chapters can start recruiting students.

Although the Region Conference had a great system established for some of the attendees to participate using a ZOOM platform (hybrid), communication was a little rough at times, with the head table being able to hear on-line conversations very well, while those of us in the background struggled to listen and respond. We then broke for lunch with the Apache Trail Chapter and the CINC was their Guest Speaker. The CINC emphasized membership and noted that for survival, Chapters must actively recruit younger Companions.

We, in the Phoenix Chapter, especially need everybody to focus on recruiting. We only have one new member for this Operating Year and we only have 5 months to go. Thanks to Kirk Loving who recruited his daughter, Natasha also an AZYLC Team Leader to join. We need at least 3 more. We have been able to recruit several former AZYLC Team Leaders; however, we need to focus on our goal demographics and continue to look for new members that are just getting ready to graduate and Commission from a college or University, on up to the mid-age group of eligible officers and Warrant Officers. Those Companions that have eligible family members, like Kirk, should convince them to join in and help us not only as new Companions but to work with us on Chapter and AZYLC staff. Think hard about potential members that could help us in our goals.

The CINC also outlined MOWW's new Patriot program. The new Patriot Program allows us to recognize the support of those of our friends that cannot join, but are willing to continue to support our ideals and our programs. We in the Phoenix Chapter will try to recruit several individuals that have historically supported us. Many of these names you should already be familiar with: Marion Cartland, a great supporter and photographer (both of her boys also attended AZYLC); Irene Ploski, the Phoenix Elks Lodge 355 Antlers Youth Group Leader who has supported us at our Annual Massing of the Colors (FYI her Son, Maverick also attended AZYLC and her daughter, Mary, also an Antler,

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intends to attend AZYLC 2022) and, of course, Brenda Wardon of the Girl Scouts, who in the past, always organized the support of 60 plus GSA and BSA Scouts to carry flags for our Massing of the Colors. Brenda's husband, also from the Elks, has provided all the state & territorial flags plus Service Flags for the Massing each year. Their daughter Kendra attended AZYLC and was a Team Leader and intends to return. With all of your help, we can make this a breakthrough Recruiting year for our Phoenix Chapter!!!

Of note are the following special event dates that our Chapter is tracking and many of us will participate in. We hope that you will also consider supporting these events:

On Tuesday, **15 FEB 2022**, Dick and Debbie will be attending the West Valley Chapter MOC to be held at the Palm Ridge Recreation Center in Sun City West. Our Phoenix Chapter Companion, Tom Kirk, will be the featured speaker. His talk is entitled "From Tragedy to Triumph - a Six Year Journey".

On Thursday, **17 MAR 2022**, Dick and Jeanne will be volunteering at the Maricopa County Veterans StandDown, which has now been reduced to only a one-day event. Due to continued pandemic concerns, StandDown offerings will be much abbreviated. The event will still be on the AZ Veterans Memorial Phoenix Coliseum State Fair Grounds, but will be primarily conducted outside in the Commercial Exhibit Hall and in tents. View the [MC 2022 StandDown Flyer](#) or go to the [AZ Housing Coalition website](#) to get more information, volunteer, or donate to this event. Additionally, you can view a list of the other upcoming 2022 statewide Veterans StandDown events at this site. We encourage volunteering and donations to these events to support our homeless veterans.

On Saturday, **26 MAR 2022**, we will hold our next Chapter Meeting. We are seeking a location for an in-person meeting/breakfast or lunch, and would welcome your input on where we should go. We are currently considering the *U.S. Egg Breakfast & Lunch* in Old Town Scottsdale or *Carlsbad Tavern* on Hayden Road in south Scottsdale. Also, it will be critical to know how many of you will attend this meeting in person so that we can reserve a large enough space. These two restaurants have outside serving available. Also, we are considering holding this meeting as a hybrid one, but would really need to know how many of you would attend the gathering via Zoom, if invited. Please provide Jeanne feedback as soon as possible.

The AVHOFS 15th Annual Patriotic Awards Luncheon will be held on Friday, **1 APR 2022** at the Doubletree Resort by Hilton Hotel Paradise Valley in Scottsdale. Early Bird registration prices are good through 10 MAR 2022 and can be accessed at the following [AVHOF PAL 2022 Registration](#) link. The 2022 Honorees are: *Copper Sword*: Debra Lee – America's Mighty Warriors; *Copper Eagle*: Ability Center of Phoenix; *Copper Shield*: Senator J.D. Mesnard; and *Copper Star*: Jen Miles, Mayor, Kingman. The Society will also be awarding AZ Scholarships to Veterans and Veterans Heritage Project students.

The deadline is 28 FEB 2022 to register for the Veterans Heritage Project, Fund Raising Gala, Saluting Stories of Service being held on **5 MAR 2022** at Hilton Scottsdale Resort and Villas, 6333 N. Scottsdale Road, Scottsdale, AZ. This fundraising gala will recognize Vietnam Veteran Frank Lambert with their Storyteller Awards and welcome Medal of Honor Recipient Mike Sprayberry as their Special Guest. You can [2022 VHP Saluting Stories of Service](#) or go to the [VHP Website](#) to learn more about VHP.

Again, we in the Chapter leadership, along with our families, wish the very best for all of you and our friends as we journey further into the year!!! We look forward to your continued membership and support, and hope for your increased participation in our events during 2022!!



CDR Dick Minor



Give the Gift of Membership

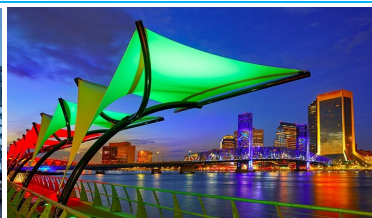
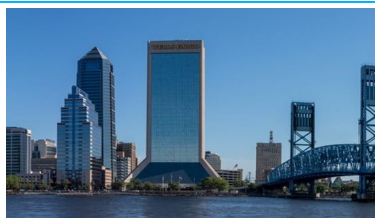
*Recruiting viable and active membership for our Phoenix Chapter continues to be a primary goal for our 2022 OY. You can help by recruiting from your friends and families, plus give someone a **Gift of Membership**. Remember, when talking to potential members, make sure that you are able to tell them about the benefits that they will receive as members and let them know of the outreach programs that we are involved in.*

Also, be aware of the following:

TO JOIN. Potential members can complete a Membership Application or go to <http://www.moww.org/> and click on the "BECOME A MEMBER" tab at the top left of the screen. Just fill in the form ... and, remember, on the HQ MOWW Form 1, "MOWW Membership Application," dated 23 Sept 2021, new members can use a **credit card** to pay!

Membership Categories:

- ★ Regular (Annual) Membership @ \$40.00/year
- ★ Regular Perpetual Membership @ 1 x \$350.00 or 4 x \$87.50 quarterly installments
- ★ Veteran Regular (Annual) Membership @ \$40.00/year
- ★ Hereditary (Annual) Membership @ \$40.00/year
- ★ Memorial Perpetual @ 1x \$200.00



SAVE THE DATE!

2-7 AUGUST 2022 MOWW NATIONAL CONVENTION

The 2022 MOWW National Convention will be held in Jacksonville, FL from 2-7 AUG 2022 at the Southbank Hotel/Marriot Delta on the Jacksonville Riverwalk, Jacksonville, FL.

On 2 AUG the Northeast Florida Cadre Chapter & Region VI will sponsor a 2022 Convention Golf Tournament at the Hidden Hills Golf Club located at 3901 Monument Rd, Jacksonville, FL 32212. For more information and to register for the Tournament please see the Flyer at the following [LINK](#). A Welcome Buffet will be held on 3 AUG.

More Convention 2022 information has been published on the back cover of the JAN/FEB Officer Review or go to the moww.org [CONVENTION 2022](#) webpage to get the latest in what's happening.



VOLUNTEERS NEEDED NOW! Will you make a time commitment and volunteer to help our Chapter fill the many vacancies that we have in our Staff and Chair positions? Several of the following positions have been vacant for over a year! ***Please, won't you help?***

* **CHAPLAIN** We are looking for someone who is supportive & serving, who always seems to be able to motivate & initiate meaningful use of each individual's beliefs and attitudes; current or former civilian cleric or military Chaplain or a lay representative **(this is a critical staff position)**

* **STAFF JAG** Do you know of a current or former civil or military Attorney; someone with a background in legal affairs? **(this is a critical staff position)**

* **HISTORIAN** Our Historian will capture the history of the Chapter in publications, photos, documents, etc.

* **COMMITTEE CHAIRS:** MONUMENTS & MEMORIALS, NATIONAL SECURITY, HOMELAND SECURITY, and LAW & ORDER

+_MEDIC's BAG_+ Coping With Dry Eyes

Dry eye - a condition that occurs when your eyes don't produce enough tears, the tears don't work correctly, or they evaporate too quickly - is much more than a nuisance. "The burning can feel like sand is in your eyes, and this can cause eye fatigue, light sensitivity, and blurry vision," says Angela Bevels, an optometrist in Tucson, AZ.



Nearly 16 million Americans may have dry eye, according to the National Eye Institute. Anyone can develop the problem, but it's more common in women and in people older than age 50.

Sometimes dry eye is a temporary condition caused by a variety of irritants. But it can be chronic, too, when caused by immune system diseases such as lupus and rheumatoid arthritis. Skin issues on or around the eyelids and diseases of the glands in the eyelids are also common contributors. People who wear contact lenses or have had eye surgeries such as are also at a higher risk.

The following lifestyle changes can minimize the discomfort of dry eyes:

- (1) **Take frequent breaks from staring at computer and phone screens.** This causes tears to work overtime; you blink less staring at a computer, worsening dry eye symptoms.
- (2) **Turn off fans or other direct air to your face.** Wind and dry air increase tear evaporation.
- (3) **Use a humidifier.** The American Optometric Association (AOA) suggests using a humidifier to keep the air moist and aid in keeping your eyes wet.
- (4) **Make sure to get a good night's sleep.**
- (5) **Drink plenty of water and stay hydrated.** Hydration can also play a role in keeping your eyes lubricated. The AOA guidelines suggest aiming for eight to ten glasses of water every day.
- (6) **Use Over-the-Counter gels, ointments, and lubricant eye drops to help ease symptoms.**
- (7) **Change medications.** Talk to your doctor about substitute medications for those that cause dry eye as a side effect. Antihistamines, blood pressure medications, antidepressants, and decongestants all decrease production.
- (8) **Avoid smoke.** As a known eye irritant, tobacco smoke can contribute to dry eye syndrome. Smoke breaks down the lipid layer of tear film, leading to dry eye symptoms. The effects often extend beyond the smoker to friends and loved ones via second-hand smoke.
- (9) **Wear sunglasses.** Wrap-around protective glasses can keep wind, sun, and dirt out.
- (10) **Use a warm, damp compress to soothe dry eyes.**
- (11) **Try a gentle massage.** Light pressure on the eyes can stimulate tears.
- (12) **Ditch your contacts.** Switch to glasses to ease dry eye discomfort.

When at home remedies don't provide relief or you find you're using OTC eye drops more than six times a day, it's time to see an eye doctor for treatments that are available only by prescription or when administered in a medical office. These treatments can include heat and compression treatments of the eyelids to improve the tear film (the fluid layer that covers the eye), prescription anti-inflammatory eye drops, and temporary plugs that can be placed in the eyelids to keep the tears around longer.

Excerpts taken from the article "Coping with Dry Eye" written by Beth Weinhouse for Reader's Digest and published in issue 19 OCT 2021, and the article "Coping with Chronic Dry Eyes" published at <https://www.mdeyecarecenter.com/blog/coping-with-chronic-dry-eye>

CHAPLAINS CORNER: SHINING EXAMPLES

“Do everything without grumbling or arguing.” Philippians 2:14

Most of us will agree that conflict is hard to avoid. But in the past year or two, the stresses of the pandemic have seemed to increase the number of arguments we are having. Fights are breaking out in airplanes, schools, grocery stores, and workplaces. Even families are reporting an increase in conflict, a result of spending so much time together.

In today's reading, Paul calls believers: “Do everything without grumbling or arguing” (v. 14). While sometimes our grumbling is directed at God, in this case, Paul is talking about problems between believers. Sometimes the grumbling is focused on tensions with one another, like the time when the Hellenistic believers in the Jerusalem church complained against the Hebraic believers because their widows were overlooked in the daily distribution of food (Acts 6:1).

Paul also warns about the danger of arguing. Although the Greek word is the one from which we get the word dialogue, a reasonable discussion is not what concerned Paul. He is talking about pointless debates and hostile arguments. Paul is not saying that Christians can never disagree or talk about their differences. He is concerned with how we disagree. Because members of the church are connected in Christ, we handle our disagreements differently from society. God's grace makes a difference.

Sadly, this is not always the case. That's why Paul issues the command. In this age of argumentation, when we often advertise our differences on social media, Christians often do not sound much different from those Paul describes as “a warped and crooked generation” (v. 15). We may not be able to keep from differing with one another, but we can be careful about how we handle disagreements.

REFLECTION. Has the argumentative atmosphere of social media influenced the way you express your differences with others? The key to doing everything without grumbling or arguing is to consider the interests of others (Phil. 2:4).

PRAYER. Often, different opinions abound in the body of Christ. Teach us to love the truth and to love one another. Help us discuss our differences with humility and sincerity, knowing that You are the source of truth.

This excerpt is taken from devotionals written by Dr. John Koessler, who retired as professor emeritus from Moody Bible Institute and formerly served in the division of applied theology and church ministry; it is published at <https://www.todayintheword.org/issues/2022/to-live-is-christ/daily-devotional/shining-examples/>



AZ LEGISLATIVE UPDATE: The AZ State 55th Legislature, 2nd Regular Session convened on Monday, 10 JAN 2022; expected adjournment Sine Die is on 23 APR 2022.

Upcoming / Active AZ Bills can be found at: <https://legiscan.com/AZ> The AZ Legislative calendar can be viewed at <https://www.azleg.gov/>. ADVS Military and Veterans Legislative updates for the 2022 session can be found at <https://dvs.az.gov/legislative-updates>

An AZ Veterans Caucus was held via Zoom on 24 JAN 2022 with Rep. Richard Andrade and Rep. Walter Blackman in attendance. Additionally, Rep Jennifer Jermain, ranking Democrat on the Military Affairs and Public Safety Committee, attended this session, along with Anil Phull, Military and Veterans Staffer for Sen. Kyrsten Sinema's office, and Michael Tree, from Congresswoman Lesko's office. Jeanne represented our organization at the Caucus as the group reviewed and discussed the details of veterans related bills that are being proposed in the AZ Legislature this session. The last day for introduction of bills this session was Friday, 7 FEB 2022.

****DON'T FORGET: Because of veterans' legislative bills passed this last session, military retiree pensions will be tax exempt this tax year: 2021!!**



<https://www.facebook.com/militaryorder>
<https://www.moww.org/>
<https://www.mowwscv.com>

**Military Order of the World Wars
Phoenix Pacesetter Chapter**

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Pride of the Valley of the Sun!

**"It is nobler
to serve
than to be
served"**



Newsletter Editor
 Jeanne J. Blaes, PhD
 COL (Ret) USA



<http://www.facebook.com/mowwphoenixchapter/>

MOWW Preamble

- To cherish the memories and associations of the World Wars waged for humanity;
- To inculcate and stimulate love of our country and flag;
- To promote and further patriotic education in our nation;
- Ever to maintain law and order, and to defend the honor, integrity, and supremacy of our national government and the Constitution of the United States;
- To foster fraternal relations among all branches of the armed forces;
- To promote the cultivation of military, naval, and air science and the adoption of a consistent and suitable policy of national security for the United States of America;
- To acquire and preserve records of individual services;
- To encourage and assist in the holding of commemorations and the establishment of memorials of the World Wars; and
- To transmit all these ideals to posterity; under God and for our country, we unite to establish ...

The Military Order of the World Wars.

**OY 2022 Chapter Meeting
Schedule & Important Dates:**

- ◆ 15 FEB 2022 ~ MOC West Valley Chapter, Syn City, AZ
- ◆ 26 MAR 2022 ~ Chapter Meeting; Venue TBD
- ◆ 25 JUN 2022 ~ Chapter Meeting
- ◆ 5-9 JUL 2022 ~ AZYLC 2022, ASU West, Glendale, AZ

**Happy
Birthday
February
Babies!**



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