



**FEBRUARY 2023
NEWSLETTER**

The Military Order of the World Wars ~ Phoenix Pacesetter Chapter

WHAT'S NEW: Commander's Time



Greetings Companions, Families, and Friends of the Order:

On Saturday, 21 JAN 2023, Regional Chapter Commanders and Staff came together at the AZ Grand Resort and Spa located in Phoenix, AZ to participate in the Region XIII/AZ Department Fall Conference, conducted by LTC (Ret) Pat Stolze, AZ Dept/ RGN XIII CDR. We had 25 Companions from the western states attend, as well as eleven others tuning in on ZOOM. The MOWW Commander-in-Chief, LTC (Dr) Michael Okin was our Guest Speaker. Debbie and I attended the Conference in person and three of our Chapter Companions participated virtually: Sr Vice CDR/AZYL INC

Treasurer, Jeanne Blaes; Jr Vice CDR, Mike Halpin; and our Law-and-Order Rep, Joe Harris. LTC (Ret)/Dr Okin briefed us on what is happening at MOWW at the National level. I presented the Chapter Action Report for our Chapter for the period 1 JUL 2022 through 31 DEC 2022. Overall we did adequately, except that we are pretty far behind in recruiting. Photos taken at the Conference are posted on page 2 of this Newsletter.

So far, we have recruited only two new Chapter Companions this operating year (i.e. 2023 OY=1 JUL 2022 to 30 JUN 2023). Many thanks to Jeanne Blaes for recruiting CHAP/COL (Ret) Dan Butler, and Will Worthington and Jim Moye for recruiting BG (Ret) Tim Phillips. Again, "Welcome Aboard" to them; but, the bad news is that we need to recruit 4 more Companions to meet the established quota. I understand that Companion Steve Fife will be sponsoring his wife to join us. You may ask how we come up with the numbers we are supposed to recruit. Well, IAW MOWW Strategic Goal-1 (SG-1), Recruit, Convene & Involve Companions, Chapters are to increase chapter end strength by a net four percent (4%) annually, after all OY losses have been taken into account. Our Chapter objective is to increase Chapter membership by at least 5% or 4 plus new members. Also, keep in mind that membership is limited to military officers at this time. We can bring in non-military/hereditary members (i.e. family), but as a 501-C(19) non-profit, the IRS says that we must maintain a military membership that remains over 75% of our total membership. So, we are limited on hereditary and "Patriot" members (military Enlisted Members or local civilians) who might want to "join" and help our Chapter. I challenge you all to think hard about where we can recruit good people to help us achieve our recruiting goals.

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At the Conference, we also received a briefing on AZYLC 2023, which is now scheduled for 10-13 JUL 2023. I have already sent out the invitation to Schools and some organizations that we support. We are responsible for the area that includes Phoenix Union HS District, the areas around Scottsdale HS, and then North all the way to border. Jeanne Blaes will help recruit through the BSA channels and Debbie Minor will recruit through GSA channels. Mike Halpin will assist recruiting up North because he lives in Chino Hills. Anybody else that has any contacts (friends, neighbors, etc.) with students that are currently sophomores or juniors this high school year, should make sure to spread the word on AZYLC 2023. My intent is to include the AZYLC 2023 Brochure and Application in the same email that this Newsletter will be sent out on.

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On 25 JAN 2023, the MOWW National Headquarters held a New MOWW Website Training Seminar. Several of our Staff members and Companions attended one of the two sessions that were held via Zoom. A website overview was provided, along with key website changes. New Log-in procedures were demonstrated and Companion questions were answered. If you missed this training and would like to learn more about what was presented, please contact me, and I will make sure you are brought up to date.

I will be transporting and presenting our Chapter flag to the Sun City/West Valley MOC on 21 FEB 2023, which will be held at the Palm Ridge Recreation Center, Sun City West. If you are thinking about joining me and would like some more information, please give me a call and we'll see you there.

CDR Dick Minor



Photos Above Region XIII/AZ Department Fall Conference 21 JAN 2023: (Top to Bottom) (L to R) Visitors who stayed at the AZ Grand Resort & Spa hop a shuttle; VCINC Marlon Ruiz, RGN XIII/AZ State/Apache Trail CDR Pat Stolze, the CINC/Dr Olkin, & CPT (Fmr) John Hannan; CINC provides update on five MOWW National initiatives; (next 3 photos) MOWW AZ Chapter Leadership/Staff which includes Debbie & Dick Minor (PHX CDR); Presentation of thankyou gift (Indian Sand painting) to the CINC.



AZ LEGISLATIVE UPDATE: The AZ 56th Legislature, 1st Regular Session began on 9 JAN 2023. LTC (Ret) Dana Allmond USA is the new Director for the AZ Department of Veterans' Services (ADVS). On 31 JAN 2023, this Session's first AZ State Legislature Veterans Caucus was held in the Copper Room in the House Basement and via Zoom. Attendees were introduced to our new Veterans Caucus co-Chairs, Rep Stacey Travers and Rep John Gillette. ADVS Military and Veterans Legislative updates for the 2022 Session, as well as for this new 2023 Session can be found posted at <https://dvs.az.gov/about/legislative-updates>. Upcoming / Active AZ Bills can be found at: <https://legiscan.com/AZ> The AZ Legislative calendar can be viewed at <https://www.azleg.gov/>.



IT'S TIME TO MARK YOUR CALENDARS!

We are now preparing for the 2023 MOWW National Convention which will be held from 1-6 AUG 2023 in Annapolis, Maryland! So, mark your calendars and keep your eyes open as details will be forthcoming.

By the Way: Official photos of the 2022 MOWW National Convention held in Jacksonville, FL have been posted to the Convention webpage as are historic past Convention flyers; go check them out now.

For more information on the 2023 MOWW National Convention as it becomes available go to the **MOWW CONVENTION** webpage at <https://moww.org/convention/>



UPCOMING STATEWIDE STANDDOWN EVENTS.

The Arizona Veterans StandDown Alliance (AVSA) is a program of the Arizona Housing Coalition that holds annual events and resource fairs in 13 of Arizona's 15 counties, including, in the past, the nation's largest event of its kind, the annual Maricopa County StandDown. These events allow veterans and their families who are experiencing housing instability and homelessness to get and stay connected to supportive services.



A list of the upcoming 2023 statewide StandDown events and how you can help with - or donate to - the AZ StandDowns can be found at the following [AHC LINK](#).

2023 AZ StandDown Events Calendar:

- 17 FEB 2023, Bullhead City StandDown at Bullhead Chamber of Commerce, 1251 Highway 95, Bullhead City, AZ, 10 AM to 2 PM
- 10 MAR 2023, Parker StandDown at VFW Post 7061, 516 South Hopi Ave., Parker, AZ, 9 AM to 3 PM
- 15-16 MAR 2023, Tucson StandDown at Grand Luxe Hotel, 1365 West Grant Road, Tucson, AZ
- 15 MAR 2023, 9 AM to 2 PM (StandDown)
- 16 MAR 2023, 10 AM to 2 PM (Career Field)
- 22 MAR 2023, Verde Valley StandDown at Clarkdale Auditorium, 39 North 9th St., Clarkdale, AZ, 9 AM to 4 PM
- 28 APR 23, Maricopa County StandDown at Arizona State Fairgrounds, Phoenix, AZ, 7 AM to 4 PM
- 5 MAY 2023, Kingman StandDown at Mohave County Fairgrounds, 2600 Fairgrounds Blvd., Kingman, AZ, 10 AM to 2 PM
- 18 MAY 2023, Flagstaff StandDown, (More information to come)
- 12 AUG 2023, White Mountain StandDown, (More information to come)
- 18 AUG 2023, Cochise Serving Veterans Stand Down at Ethel Berger Center, Sierra Vista, AZ

2023 AZ VETERANS' HALL OF FAME (AVHOF) PATRIOTIC AWARDS LUNCHEON (PAL). The AVHOF Society's Patriotic Awards Luncheon will be held on 28 APR 2023 at the DoubleTree Resort located at 5401 N. Scottsdale Rd. in Scottsdale, AZ. Registration for the event opened on 1 FEB 2023. The new ADVS Director, LTC (Ret) Dana Allmond, will be attending and Governor Katie Hobbs has also been invited. Go to the following [PAL LINK](#) to get more information on this event. Information on the scholarships being offered this year by the AVHOF Society can be accessed at the following [AVHOF SCHOLARSHIP LINK](#). Please share with eligible Arizona Veterans. Scholarship application(s) deadline for submission is 28 FEB 2023.



By the way, the Unified AZ Veterans' Scholarship(s) submission deadline is also on 28 FEB 2023. Please go to the following [AZUAV LINK](#) to view the criteria and to apply for Veteran and Veteran Family scholarships.

+_MEDIC's BAG_+ 7 PROVEN HEALTH BENEFITS OF DARK CHOCOLATE

Eating dark chocolate with high cocoa content in moderation can deliver antioxidants and minerals and may help protect you from heart disease. But it may also contain high amounts of sugar and calories.

Dark chocolate is loaded with nutrients that can positively affect your health. Made from the seed of the cacao tree, it's one of the best sources of antioxidants you can find. Studies show that dark chocolate can improve your health and lower the risk of heart disease.

Here are **7 health benefits** of dark chocolate or cocoa that are supported by science.

1. **Very nutritious.** If you buy quality dark chocolate with a high cocoa content, then it's quite nutritious. It contains a decent amount of soluble fiber and is loaded with minerals. A 100-gram bar of dark chocolate with 70–85% cocoa contains: 11 grams of fiber; 66% of the DV for iron; 57% of the DV for magnesium; 196% of the DV for copper; 85% of the DV for manganese. In addition, it has plenty of potassium, phosphorus, zinc, and selenium.

Of course, 100 grams (3.5 ounces) is a fairly large amount and not something you should be consuming daily. These nutrients also come with 600 calories and moderate amounts of sugar. For this reason, dark chocolate is best consumed in moderation.

The fatty acid profile of cocoa and dark chocolate is also good. The fats consist mostly of oleic acid (a heart-healthy fat also found in olive oil), stearic acid, and palmitic acid. The stearic acid has a neutral effect on body cholesterol. Palmitic acid can raise cholesterol levels, but it only makes up one-third of the total fat calories.

Dark chocolate also contains stimulants like caffeine and theobromine, but it's unlikely to keep you awake at night, as the amount of caffeine is very small compared with coffee.

SUMMARY: Quality dark chocolate is rich in fiber, iron, magnesium, copper, manganese, and a few other minerals.

2. **Powerful source of antioxidants.** ORAC stands for oxygen radical absorbance capacity. It's a measure of the antioxidant activity of foods. Basically, researchers set a bunch of free radicals (bad) against a sample of a food and see how well the antioxidants in the food can disarm the free radicals. Based on these studies, chocolate is considered rich in antioxidants. But the biological relevance of ORAC values is questioned, as it's measured in a test tube and may not have the same effect in the body. Research in humans does not always show the same range of antioxidant effects for chocolate. But experts say there isn't enough evidence yet to say for certain.

Dark chocolate is loaded with organic compounds that are biologically active and function as antioxidants. These include polyphenols, flavanols and catechins, among others. According to research, the polyphenols in dark chocolate may help lower some forms of LDL ("bad") cholesterol when combined with other foods like almonds and cocoa.

One study showed that cocoa and dark chocolate had more antioxidant activity, polyphenols, and flavanols than any other fruits tested, which included blueberries and acai berries.

SUMMARY: Cocoa and dark chocolate have a wide variety of powerful antioxidants. In fact, they have way more than most other foods.

3. **May improve blood flow and lower blood pressure.** The flavanoids in dark chocolate can stimulate the endothelium, the lining of arteries, to produce nitric oxide (NO). One of the functions of NO is to send signals to the arteries to relax, which lowers the resistance to blood flow and therefore reduces blood pressure.

Many controlled studies show that cocoa and dark chocolate can improve blood flow and lower blood pressure, though the effects are usually mild. However, one study in people with type 2 diabetes and high blood pressure showed no effect, so take this with a grain of salt. It's possible that people who are already receiving treatment for high blood pressure may not get any additional benefit from adding cocoa flavanols to their diet. Given the great variation between studies on this subject, it's clear that more research is needed.

SUMMARY: The bioactive compounds in cocoa may improve blood flow in the arteries and cause a small but statistically significant decrease in blood pressure.

4. **Raises HDL and protects LDL from oxidation.** Consuming dark chocolate can improve several important risk factors for heart disease. It may protect against high cholesterol.



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+_MEDIC's BAG_+ 7 PROVEN HEALTH BENEFITS OF DARK CHOCOLATE *(continued pg 4)*

In a small study, eating dark chocolate supplemented with the flavanol lycopene was found to significantly decrease levels of total cholesterol, LDL ("bad") cholesterol, and triglycerides. Some forms of LDL cholesterol are more likely to oxidize, which happens if they react with free radicals in your body. Oxidation makes the LDL particle itself reactive and capable of damaging other tissues, such as the lining of the arteries in your heart. It makes perfect sense that cocoa lowers oxidation-prone forms of LDL. It contains an abundance of powerful antioxidants that do make it into the bloodstream and protect lipoproteins against oxidative damage.

The flavanols in dark chocolate can also reduce insulin resistance, which is another common risk factor for diseases like heart disease and diabetes. However, dark chocolate also contains sugar, which can have the opposite effect.

SUMMARY: Dark chocolate improves several important risk factors for disease. It lowers oxidation-prone LDL and improves insulin sensitivity.

5. May reduce heart disease risk. The compounds in dark chocolate appear to be highly protective against the oxidation of LDL. In the long term, this should cause much less cholesterol to lodge in the arteries, resulting in a lower risk of heart disease. In fact, research shows a fairly drastic improvement. Over time, a number of studies have shown that consuming flavanol-rich cocoa or chocolate can lower blood pressure and improve cardiovascular health. A review of studies revealed that eating chocolate 3 times per week lowered the risk of cardiovascular disease by 9%. Eating chocolate more often showed little additional benefit. Another review suggested that eating 45 grams of chocolate per week lowers cardiovascular disease risk by 11%. Consuming more than 100 grams per week does not appear to produce health benefits. A 2017 clinical trial found that subjects who consumed almonds with or without dark chocolate showed improved LDL cholesterol levels.

Although all of these findings are promising, more evidence is needed to know if it was the chocolate that reduced the risk. However, since the biological process is known (lower blood pressure and lower oxidation-prone LDL), it's plausible that regularly eating dark chocolate may reduce the risk of heart disease.

SUMMARY: Research shows a reduction in heart disease risk among those who consume a moderate amount of chocolate.

6. May protect your skin from the sun. The bioactive compounds in dark chocolate may also be great for your skin. The flavanols can protect against sun damage, improve blood flow to the skin, and increase skin density and hydration.

The minimal erythral dose (MED) is the minimum amount of UVB rays required to cause redness in the skin 24 hours after exposure. Studies have shown that MED can increase and even double after consuming high-flavanol dark chocolate or cocoa for 12 weeks. The result is that your skin has better protection from the sun.

If you're planning a beach vacation, consider enjoying some extra dark chocolate in the prior weeks and months. But check with your doctor or dermatologist before forgoing your normal skin care routine in favor of more dark chocolate. And remember that chocolate can't replace sunscreen and other forms of sun protection.

SUMMARY: Studies show that the flavanols from cocoa can improve blood flow to the skin and protect it from sun damage.

7. Could improve brain function. The good news isn't over yet. Dark chocolate may also improve the function of your brain. Studies show that eating high flavanol cocoa can improve blood flow to the brain in young adults. This may explain why eating cocoa daily appears to improve attention, verbal learning, and memory. Cocoa flavanoids may also help maintain cognitive function in older adults with mild cognitive impairment and reduce the chance of progressing to dementia. But more research is needed. Additionally, cocoa contains stimulant substances like caffeine and theobromine, which may be a key reason why it can improve brain function in the short term.

SUMMARY: Cocoa or dark chocolate may improve brain function by increasing blood flow. It also contains stimulants like caffeine and theobromine.

The bottom line is that there is considerable evidence that cocoa can provide powerful health benefits, being especially protective against heart disease. Of course, this doesn't mean you should go all out and consume lots of chocolate every day. It's still loaded with calories and easy to overeat. Maybe have a square or two after dinner and try to savor them. If you want the benefits of cocoa without the calories in chocolate, consider making a hot cocoa without any cream or sugar.

Also, note that a lot of the chocolate on the market is not nutritious. Choose quality stuff: dark chocolate with 70% or higher cocoa content. You might want to check out the chocolate buyers guide at [healthline.com](https://www.healthline.com/nutrition/7-health-benefits-dark-chocolate#TOC_TITLE_HDR_9) on how to find the best dark chocolate.

Dark chocolates typically contain some sugar, but the amounts are usually small and the darker the chocolate, the less sugar it will contain. Chocolate is a remarkable food that tastes awesome while providing significant health benefits.

Last medically reviewed on 13 JUL 2022. Extracted from an article published at https://www.healthline.com/nutrition/7-health-benefits-dark-chocolate#TOC_TITLE_HDR_9

CHAPLAINS CORNER: GOD CARES FOR YOU

"Cast all your anxiety on him because he cares for you." 1 Peter 5:7

A young family was on a newscast yesterday gave their story of the tragedies they had faced in the past year. Their son has a form of leukemia and the medical bills continue to mount. A burst water line in their front lawn seemed to compound all the trouble and difficulties, especially when the repair bill appeared insurmountable on their present debt.

The wife made a comment that caught my attention. The company that came to repair their water line found out about their financial struggles and replaced and repaired the water line for free. The husband and wife were before the cameras and she said, "Their kindness (the company that fixed their water problem) restored our faith in God and in humanity." I have heard of multiple individuals who have made a similar statement, only after some of their problem is fixed. But what if the problem is not corrected, a bill is not paid, a medical issue is not cured? Does the situation mean that God does not care or is not present in our lives? Has He forgotten us or refused to take action?

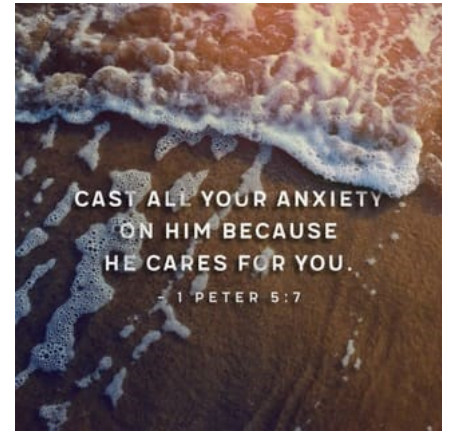
History is jammed with the difficulties of life and of the personal stories of hardships and tragedies. I am reading a book about the destruction of Jerusalem in 70 A.D. The horror of that time and endurance of the Jewish people is difficult to read, let alone understand. This is the story of human history. Wars and brutal abuse for entire segments of countries seems to be the norm. We remember the awful plagues of the Middle Ages. We have heard of the inhumanity of slavery from the beginning of time. We cannot forget the holocaust of WW2—the most hideous crime against humanity in the known history of human race – six million Jews were murdered in cold blood by the Nazi killing machine, simply for being Jews. Five million non-Jews –Czechs, Poles, gypsies, homosexuals, religious "deviants", and others– were also killed. A total of eleven million people killed, not in battle as enemy combatants but as human beings. If we were to include the genocides, the political exterminations by various dictatorships (Hitler-17M, Stalin-23M, Mao Zedong,49-78M) we find that hundreds of millions died due to hatred and incivility toward another human being.

How could God allow this to happen? How can a good and all-powerful God permit suffering? For many, the problem of suffering and evil has become a problem of faith. We have found it hard to reconcile the claims of faith with the facts of life. How do we explain that there's a good and an all-powerful God actively involved with this world, given the state of things?

There are no easy answers to this question. Have you ever found yourself asking 'Why?' How could people be so calloused with human life. If we ask this question, we also must ask, 'To whom are you addressing the question? Understand this, if God doesn't exist, is there really anyone to ask in an ultimate sense?' If we believe we are mere cosmic accidents and this is just the way the world IS, the why question cannot be answered. If we are accidents by happenstance, we then know that mere molecules make mistakes leading to diseases, and biology drives human behavior. There is no right or wrong. There is no human ethic by which to live.

The problem with this view is that it doesn't really help us make sense life. We can get ANGRY at suffering. But where does that come from if this is just the way the world is, based on selective values and ethics?

The Christian faith makes sense to how we feel in the face of suffering because it says there is something WRONG with the world. Things are not as they should be. We live in a world in which good and evil are at play within governments and in every human being. God is real and good. But evil is also factual and has influence in the world for now. So, at first glance it seems that suffering gives us good reason to rule out God. But the opposite is true. It is only comprehending that does God exists that we truly find the answers.



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CHAPLAINS CORNER: GOD CARES FOR YOU (Continued from pg 6)

I don't know about you but when I'm going through a difficult time, I am most comfortable around people who have been through something similar. We share a common experience. They just GET IT – especially when words are not enough. If God exists, what is He like? What is His response to my suffering? At the heart of the Christian faith is a God who knows what it is to suffer. Jesus ended his days on earth nailed to a cross. He suffered brutality at the hands of Roman soldiers. He was abandoned by his closest friends in his hour of deepest need. Jesus is described in the Bible as, '... a man of sorrows and familiar with suffering' [53:3]. If we bring our suffering to Him today – we don't come to a God who is aloof or indifferent or distant. We come to someone who really KNOWS and CARES. He GETS IT because He has been there.

But more than suffer LIKE US, God has also suffered FOR US. Jesus has suffered in ways that go beyond anything we can imagine. Somehow, on the cross, all the world's evil was being directed at one pure, clean target in order to defeat it once and for all. Jesus absorbed the world's evil, took it to the grave, left it there and rose to life again. He did this to give us life, so that the evils we face need not absorb and overwhelm us. Suffering does not have to have the last word in our lives. God has not left us alone in our suffering. If we turn to Him, there is strength we never thought we had. There is comfort we never thought was possible. And there is hope for today and tomorrow.

But some people ask, why doesn't God just get rid of evil once and for all? Well, one day he will. Evil was defeated on that first Easter, and one day it will be removed altogether. How do you fix a story that is broken? We all have our stories. Some of them seem beyond fixing. The Christian faith says you fix a broken story by embedding it in a much bigger story in which good wins, and evil loses. One day there will be justice. One day all suffering will end. One day there will be no more death or mourning or crying or pain and God will wipe away every tear from our eyes. This is an extraordinary description of the tenderness of God and of his plans to put right all the wrongs in this world. But this day hasn't yet arrived to give us all time to get our choices right before God.

Isaiah 53 concludes with this: "...he poured out his life unto death, and was numbered with the transgressors. For he bore the sin of many and made intercession for the transgressors." Jesus died so we may have a life of freedom.



CHAP BUTLER

14 FEB 2023: HAPPY VALENTINE'S DAY & ARIZONA'S 111th STATEHOOD ANNIVERSARY!!



"I had no idea we had this kind of technology."



Arizona ~ The Valentine State

The Military Order of the World Wars - The Phoenix Pacesetter Chapter

The Military Order of the World Wars (MOWW) founding resulted from General of the Armies John J. Pershing's request that his officers continue serving America after their active military service ended following World War I. Since MOWW's establishment in 1919, MOWW members ("Companions") have lived by the Military Order's motto: *"It is nobler to serve than to be served"*.

- MOWW **Outreach Programs** involve the local community, state and nation. They include :
Patriotic Education — ROTC & JROTC Programs — Scouting Program — Monuments & Memorials — National Security — Homeland Security — Law & Order — Veterans Affairs Program

- MOWW members receive the following award-winning **Publications**: the quarterly Officer Review; the Phoenix Pacesetter Chapter monthly Newsletter

- MOWW holds an **Annual Convention** where members convene to exchange ideas, honor selfless service, attend educational workshops and business sessions, and listen to guest speakers.

- **Monthly Luncheons**: The Chapter meets four times a year (SEP, DEC, MAR, JUN) on the fourth Saturday of the month. Currently, we are meeting at American Legion Post #44 located at 7145 E. 2nd St, Scottsdale, AZ 85251. Staff meetings are open to all mem-

bers with Check-in/Set-up/Meetings starting at 11:00 am. Sometimes items are raffled off at luncheon or a 50-50 raffle is held, with collected funds going to support our Patriotic Education Youth Programs. Guest speaker topics address any one of the Outreach Programs previously mentioned. ***Note COVID-19 impact: hybrid Zoom meetings may be held**

To Join: Have potential members view "The MOWW Movie" at <http://www.moww.org/> and click on the "JOIN US" tab at the top left of the screen. Just fill in the application form dated 18 OCT 2022; new members can use their **credit card** to pay!

Membership Categories:

- ★ Veteran Regular (Annual) Membership @ \$40/year
- ★ Veteran Perpetual Membership (1st year of Commission/Warrant) @ 1 x \$200 or 4 x \$50 quarterly
- ★ Veteran Perpetual Membership @ 1 x \$350 or 4 x \$87.50 quarterly
- ★ Hereditary Regular (Annual) Membership @ \$40/year
- ★ Hereditary Perpetual Membership (age 18-20) @ 1x \$200 or 4 x \$50 quarterly
- ★ Hereditary Perpetual Membership (age 21+) @ 1x \$350 or 4 x \$87.50 quarterly
- ★ Memorial Perpetual @ 1x \$200.00

2023 CHAPTER MEETING SCHEDULE & IMPORTANT DATES:

- ♦ **21 FEB 2023** ~ MOWW Sun City MOC, Palm Ridge Rec Center, Sun City West
- ♦ **25 MAR 2023** ~ Chapter/Staff Meeting 3rd QTR & Lunch, Club Rm, American Legion Post #44, Scottsdale
- ♦ **24 JUN 2023** ~ Chapter/Staff Meeting 4th QTR & Lunch, Club Rm, American Legion Post #44, Scottsdale
- ♦ **10-13 JUL 2023** ~ AZYLC 2023, ASU West, Glendale, AZ

**** Have any ideas for our quarterly meeting programs? Contact Dick or Jeanne with your input!! We are looking for a speaker for our MAR meeting.**



VOLUNTEERS NEEDED NOW! Will you make a time commitment & volunteer to help our Chapter fill the many vacancies that we have in our Staff & Chair positions? Many of the following positions have been vacant for over a year! **Please, won't you help?**

* **STAFF JAG** Do you know of a current or former civil or military Attorney; someone with a background in legal affairs? **(this is a critical staff position)**

* **HISTORIAN** Our Historian will capture the history of the Chapter in publications, photos, documents, etc.

* **COMMITTEE CHAIRS**: MONUMENTS & MEMORIALS, NATIONAL SECURITY, HOMELAND SECURITY, and LAW & ORDER



<https://www.facebook.com/militaryorder>
<https://www.moww.org/>
<https://www.mowwscv.com>

Military Order of the World Wars Phoenix Pacesetter Chapter

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Pride of the Valley of the Sun!

**"It is nobler
to serve
than to be
served"**

Newsletter Editor
 Jeanne J. Blaes, PhD
 COL (Ret) USA



<http://www.facebook.com/mowwphoenixchapter/>



MOWW Preamble

- To cherish the memories and associations of the World Wars waged for humanity;
- To inculcate and stimulate love of our country and flag;
- To promote and further patriotic education in our nation;
- Ever to maintain law and order, and to defend the honor, integrity, and supremacy of our national government and the Constitution of the United States;
- To foster fraternal relations among all branches of the armed forces;
- To promote the cultivation of military, naval, and air science and the adoption of a consistent and suitable policy of national security for the United States of America;
- To acquire and preserve records of individual services;
- To encourage and assist in the holding of commemorations and the establishment of memorials of the World Wars; and
- To transmit all these ideals to posterity; under God and for our country, we unite to establish ...

The Military Order of the World Wars.

**Happy
Birthday
FEBRUARY
Babies!!**



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